

# Motivational Interviewing

**3 CEU Credits!**

(LSW/LCSW & LPC/LCPC)

**March 6, 2012**

**2:00pm to 5:00pm**

**Hartgrove Hospital**

**Catherine McNeilly, PsyD, CADC**  
**Associate Professor**  
**Adler School of Professional Psychology**

This session will orient attendees to the key principles and applications related to Motivational Interviewing. The training will include an overview of Stages of Change and the principals, goals and strategies of Motivational Interviewing. Participants will be able to understand and describe the following opening strategies: Open Ended Questions, Reflective Listening, Affirming, Summarizing, and Eliciting Self-Motivational Statements.

The session is experiential and will include skills building.

Please pre-register for this event such that we can print out your CEU certificates. You can register online at [www.abspych.com](http://www.abspych.com). Click on the "CEU Workshop Info" link for further information. Any questions re: registration, please call 708.788.8808. This workshop is co-sponsored by Hartgrove Hospital and Associates in Behavioral Science.

Dr. McNeilly earned a Bachelor of Arts Degree in Sociology at Loyola University, Chicago; her Master of Arts in Counselor Education from Northwestern University, Evanston; and her Doctor of Psychology in Clinical Psychology from the Adler School of Professional Psychology. Dr. McNeilly teaches courses in addiction studies, psychologists in management, integrated assessment, basic skills for psychotherapy and ethics. She has additional interests in co-occurring disorders issues and the integration of behavioral health into child welfare systems and addressing homelessness. Dr. McNeilly has extensive experience in clinical research and project evaluation. She is certified as a therapist in Cognitive Behavioral Therapy and Dialectical Behavioral Therapy. Dr. McNeilly is a Motivational Interviewing Network Trainer (MINT). She served as the Director of the Illinois MISA Institute and worked for the State of Illinois at both DASA and DCFS.



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